**Left side of the box**

Nutritional content

|  |  |  |
| --- | --- | --- |
| **NUTRIENT** | **Per 100g serving** | **unit** |
|  |  |  |
| ENERGY | 1767 | KJ |
| PROTEIN | 20.5 | G |
| CARBOHYDRATES | 58.5 | G |
| OMEGA 3 | 500 | MG |
| OMEGA 6 | 3500 | MG |
| LECITHIN | 500 | MG |
| TOTAL FAT | 9.8 | MG |
| DIETRY FIBRE | 6.1 | G |
|  |  |  |
| VITAMIN A | 1000 | MCG |
| VITAMIN B 1 THIAMINE | 1400 | MCG |
| B2 RIBOFLAVIN | 1600 | MCG |
| B3 NICOTINIC ACID | 18000 | MCG |
| B5 PANTOTHENIC ACID | 6000 | MCG |
| B6 PYRIDOXINE | 2000 | MCG |
| B9 FOLIC ACID | 200 | MCG |
| B12 COBALAMIN | 1 | MCG |
| VITAMIN C | 60000 | MCG |
| VITAMIN D | 5 | MCG |
| VITAMIN E | 10000 | MCG |
| VITAMIN H BIOTIN | 100 | MCG |
|  |  |  |
|  |  |  |
| CALCIUM | 337.33 | MG |
| COPPER | 440 | MCG |
| IODINE | 150 | MCG |
| IRON | 14 | MG |
| MAGNESIUM | 56.14 | MG |
| MANGANESE | 760 | MCG |
| PHOSPHORUS | 246.75 | MG |
| POTASSIUM | 455.08 | MG |
| SELENIUM | 200 | MCG |
| SODIUM | 283.85 | MG |
| ZINC | 15 | MG |
|  |  |  |
| ASPHARTIC ACID | 1088 | MG |
| CYSTEINE | 224 | MG |
| GLUTAMIN ACID | 2157 | MG |
| GLUTAMIN | 1649 | MG |
| GLYCINE | 503 | MG |
| HISTIDINE | 316 | MG |
| ISOLEUCINE | 472 | MG |
| LEUCINE | 1091 | MG |
| LYSINE | 575 | MG |
| METHIONINE | 184 | MG |
| PHENYLALANINE | 569 | MG |
| PROLINE | 759 | MG |
| SERINE | 589 | MG |
| THREONINE | 427 | MG |
| TRYPTOHAN | 128 | MG |
| TYROSINE | 326 | MG |
| VALINE | 557 | MG |
|  |  |  |
| **ALLERGENS** |  |  |
| soy & milk/dairy - sodium caseinate (milk protein) | |  |
|  |  |  |
|  |  |  |
| **INGREDIENTS** |  |  |
| Extruded Maize, Soy Protein, Sucrose, Soy Isolate | |  |
| VITAMINS - Vitamin A (RE), Vitamin B complex |  |  |
| Vitamin C, Vitamin D, Vitamin E, Vitamin H |  |  |
| MINERALS - Calcium, Iodine, Iron, Selenium |  |  |
| Sodium, Zinc, Flavouring |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**REAR OF BOX – split in 2 (left and right side)**

**MorviPro BOOST LOGO ACROSS THE TOP REAR WITH THE HEART SHAPE AROUND THE entire rear**

**Rear of box -left SIDE**

MOR ALIVE ( just like the Morvipro logo)

365

Health tips

+ *(your logo for the plus sign-as used in “Morvipro”)*

Love yourself

Live life with a purpose, always be positive & smile

+ *(your logo for the plus sign-as used in “Morvipro”)*

Eat a balanced diet

Fill your pallet with more nutritious fruits & vegetables

+ *(your logo for the plus sign-as used in “Morvipro”)*

Drink more water

Water is essential for our bodies to function, drink up to 6-8 glasses per day (1.2lts)

+ *(your logo for the plus sign-as used in “Morvipro”)*

Get plenty of sleep

When you don’t rest well you compensate by eating more. Get up to 8hrs of sleep daily.

+ *(your logo for the plus sign-as used in “Morvipro”)*

Movement is life

Exercise, not just a few times a week, but everyday for at least 30 minutes

+ *(your logo for the plus sign-as used in “Morvipro”)*

Breath Deeply

Oxygen is a vital source of life, you may know how to breath but are you breathing properly? Deep full breaths

+ *(your logo for the plus sign-as used in “Morvipro”)*

Purge negativity and stress

Positive mental health is an important part of a healthy life, get rid of stress and relax

+ *(your logo for the plus sign-as used in “Morvipro”)*

Enjoy, mor Fun Love & Play!!!

**– right Half of rear**

**The importance of a healthy immune system**

Your body’s natural immune defenses are more important today than ever.  your body is constantly being exposed to all kinds of stressful things…physical, mental and biological. We live in a world where new challenges to good health appear regularly. New infectious disease outbreaks occur worldwide. Your immune system is your bodies natural defense system against these infectious diseases, foreign bacteria and viruses. Morvipro is the start to anyone interested in maintaining good health.

**Who Should use morviPro**

### MorviPro for the entire Family

Mum dad and the kids need to sustain energy levels throughout the day, improve concentration and stay healthy

### Morvipro for Sportsman

Male and female athletes that need high protein and nutrients to keep their bodys performing at its peak

### Morvipro for People on the Move

Busy business executives who don’t have time to prepare healthy meals but to function well under stressfull conditions

(### - replace the ### & kindly insert clipart of a family/sportsman/business exec)

**Right side OF THE BOX**

Preparation as easy as 1,2,3*…..(use bold coloured numbers)*

MorviPro mixes instantly with water or milk, no cooking required

Morvipro can be enjoyed as a meal or as an instant shake

Morvipro Meal preparation

1. Add the recommended number of tablespoons to your bowl

*(kindly insert clipart of full tablespoon over bowl)*

1. Add 125ml (1/2cup) of water or milk to every 4 tablespoons of Morvipro

*(kindly insert clipart of jug pouring liquid in bowl)*

1. Mix well & add more water if required

*(kindly insert clipart of spoon mixing contents of bowl)*

Morvipro Shake preparation

1. 3 tablespoons Morvipro
2. Fresh fruit
3. 1 cup milk or water
4. Blend all ingredients for a nutritious Morvipro shake

Add fresh fruit, yoghurt, honey, nuts, raisins for a tantalizing treat.

*Please note the clipart should be all similar in colour and type for each of the directions-mo cliPART needed for the shake preparation*

|  |  |  |
| --- | --- | --- |
| **RECOMMENDED DAILY INTAKE** |  |  |
| **AGE GROUP** | **DAILY AMOUNT** | **APPROX NO. OF TABLESPOONS** |
| 1-6 YRS | 25G-50G | 2-4 |
| 7-12 YRS | 50G-75G | 4-6 |
| 13YRS AND OLDER | 50G-100G | 4-8 |
|  |  |  |
|  |  |  |
| the recommended daily intake is a guidline for consumption and can be | | |
| adjusted accordingly to your needs and lifestyle | |  |
| Recommended for ages 12 months and above |  |  |

**TOP OF BOX – LID**

Morvipro BOOST

Bottom of Box – Base

Barcode

|  |  |  |
| --- | --- | --- |
| **MANUFACTURED by** |  |  |
| Nutrifoods, PO Box 8470, Cumberwood, 3235 |  |  |
| [info@morvipro.co.za](mailto:info@morvipro.co.za) |  |  |
| [www.morvipro.co.za](http://www.morvipro.co.za/) |  |  |
|  |  |  |